Most Common Information needed on Beef Cutting Instructions

## First keep in mind, not every option is listed below, these are the most common and most used cuts in our region. If any other questions on something not seen, please, e-mail or call.

All cuts below come from same piece of meat, you would pick one or two of these options: If there is some cuts you do not wish to package, these would be put in your ground beef An average amount you can expect from 350 lb side of beef

Rib Loin:	Rib-eye steak:	<ul> <li>&lt; This would be the ribeye muscle with the bones still on</li> <li>&lt; Same as Rib Steak with the bones removed and some external muscles removed.</li> </ul>	12 to 14 @ 3/4 inch 12 to 14 @ 3/4 inch
KID LOIN.		< This is a boneless roast made from the rib loin.	10 to 14 lbs normally left whole or cut in 1/2 or 1/3's
	Standing Rib Roast:	< Same as prime rib roast with rib bones attached.	12 to 16lbs normally left whole or cut in 1/2 or 1/3's
Plate:	Short Ribs:	Traditional Roasting Meat	Approx 6 to 8 lbs
	Boneless Stew:	< Approx 1 inch cubes of boneless leaner meat	4 to 6 lbs average
	Soup Bones:	<	4 to 6 count average
	Brisket:	< Used for roasting (or can use for stew or ground)	5 to 7 lbs whole
Chuck:		Comprised of mostly roasting cuts, although some do like steaks, not normally as tender.	
	Roasts:	<roast &="" and="" arm="" bread="" butter<="" choices:="" chuck,="" td=""><td>8 to 10 @ 3 to 4 lbs each</td></roast>	8 to 10 @ 3 to 4 lbs each
Round:	Steaks:		6 to 8 lb whole (whole stk is 3 to 4 lbs)
	Cube Steaks:	< Round steak run thru mechanical tenderizer, normally cut @ 3 to 5 oz each	
T-Bone Loin:	T-Bone Steaks:	T-Bone Steaks	12 to 14 @ 3/4 inch
	New York Steak:	< Larger boneless muscle taken from t-bone steak </td <td>12 to 14 @ 3/4 inch</td>	12 to 14 @ 3/4 inch
	Tenderloin:	Smaller boneless muscle taken from t-bone steak	12 to 14 @ 3/4 inch
Sirloin:	Steaks:	<1 Sirloin will serve 2 to 3 people	7 to 9 @ 3/4 inch
		< Outside muscle taken from Sirloin	1 to 2 lb roast
Ground:	Bulk:	Regular ground is approx 80% to 90% lean	60 to 100 lbs depending on cuts used above
		<4 or 5 oz patties	
Other:	Skirt:	<ul> <li>Used for Fajita meat or ground</li> </ul>	3/4 to 1 1/2 lbs
		< Used for Fajita meat or ground	3/4 to 1 1/2 lbs
I	ons taken from various		

These options taken from various cuts above

Dried Beef Jerky Sausages Seasoned Roast Beef

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